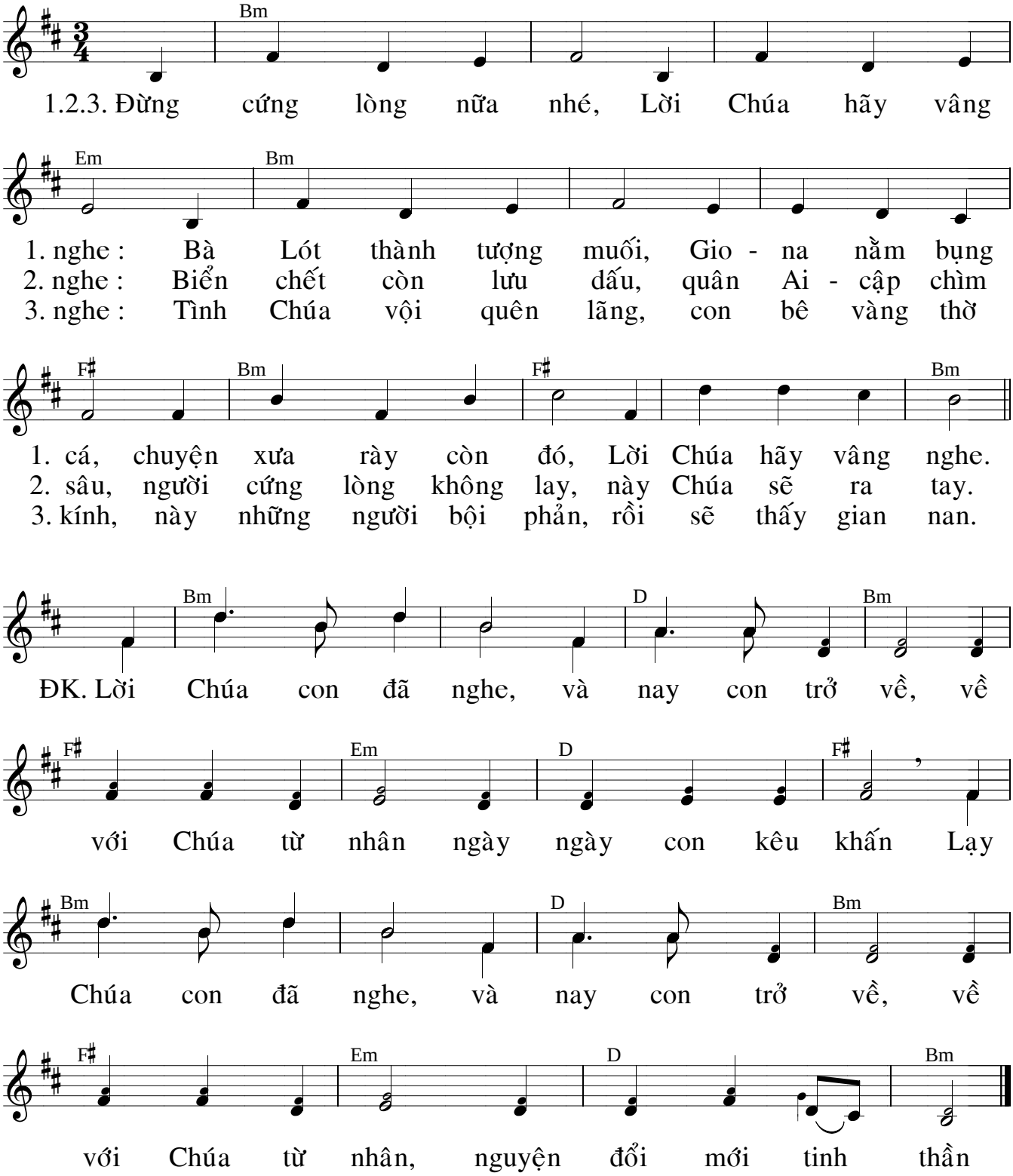Đừng Cứng Lòng Nữa